

EMPTY BOWLS ROCHESTER

2011 Event Recap

On Thursday, October 20, Turk Hill Craft School presented the 8th Annual Catholic Family Center Empty Bowls event at the First Unitarian Church on Winton Road. Over 350 tickets were sold, a record-breaking number, and approximately \$25,000 was raised for Catholic Family Center's two homeless shelters for women and children – Women's Place and Sanctuary House.

Participants at the event enjoyed soup from local restaurants, bread, dessert, live music, a silent auction and were invited to pick out a hand-crafted bowl created by local potters and art students.

A special thanks to our sponsors who helped Catholic Family Center raise awareness of the homeless in our community: Don's Original Restaurants, Excellus BlueCross BlueShield, Wegmans, Isaac Heating & Air Conditioning, Keenan's, Rohrbach Brewing Company, MCE Solutions, Hammer Packaging, Zeller Corporation, The Summit Federal Credit Union and Turk Hill Craft School.

Photos, Top: Hand-crafted bowls donated by local artists and art students

Middle: Terry Klee, owner of Don's Original Restaurants, hard at work in the kitchen

Bottom: Volunteers from SUNY Geneseo lacrosse team





Carolyn's Corner

The Board of Directors of Catholic Family Center announced in October that it has selected Mark A. Wickham, MBA, as my successor, effective January 1, 2012. I am delighted to welcome Mark and am very confident that he will assume the role of President & CEO without missing a beat.

You only need to meet Mark once in order to see his authentic, genuine and humble personality shine through. After meeting Mark, it was apparent to me that the Board had made a wise decision. Mark is passionate about our mission, dedicated to serving those in need and he recognizes the importance of building and maintaining honest relationships at all levels in our community – a goal I have strived for in all my 37 years here at CFC.

Mark is currently serving as the CEO of Lakeview Mental Health Inc. in Geneva, a position he has held since January 2002. Under his leadership, the annual income at Lakeview has doubled and over 120 affordable housing units have been constructed in six counties. He has also served as Past Director of the Western NY Region Association of Community Living (ACL) and he is the Founder and Past President of the Capital Region MICA Task Force.

Mark has been very active in the Penn Yan and Geneva communities, serving for three years on the Penn Yan Board of Education and currently serving on the Community Advisory Board for Yates County and as a member of the Penn Yan Rotary. He is a lacrosse referee with the Genesee Valley Lacrosse Officials Association and he has performed the duties of the Treasurer for both the Geneva Generals Youth Hockey Organization and the Kokanees Synchronized Swim Organization. Mark received his BS in Psychology/Education from Marist College and his MBA with an emphasis in Health Care Administration from the College of St. Rose. Mark and his wife Susan, along with their two children currently reside in Penn Yan.

I am excited to pass the torch to Mark on January 1, 2012; I know he will stay focused on our mission to serve the poor and vulnerable, and lead Catholic Family Center forward with passion and excellence.



*Mark A. Wickham, MBA,
President & CEO,
effective January 1, 2012*

SAVE THE DATE

Friday, March 16, 2012
6:30 – Midnight
Rochester Riverside Convention Center

Join us as we honor:



Christine Whitman
With the CFC Award



James and Mary Ann Philippone
With the President's Award

CATHOLIC FAMILY CENTER'S CHARITY 2012 *St. Patrick's Gala*

For advance table reservations, information about sponsorships and program ads, call (585) 262-7172.

International Adoption: A rewarding way to build a family

Currently there are 145 million orphans living throughout the world (The Global Orphan, 2009). Every year, Catholic Family Center helps facilitate international adoptions of these children through our Children, Youth and Family Services Department. Although there are no local international adoption agencies in the Rochester area, Catholic Family Center (CFC) connects prospective families with other trusted international adoption agencies throughout the country, such as Spence Chapin, All God's Children, and Wide Horizons For Children, just to name a few. CFC also works to certify prospective families for adoption, and provides case management services to the family as they adjust to their new addition. Steve and Debbie Smola of Greece have adopted internationally, not once but twice, through CFC.

In 2006, after years of researching and talking about adoption, Steve and Debbie brought Alex, now six years old, home from South Central Russia. The Smola's worked with CFC and Wide Horizons to adopt Alex, and chose Russia because it was the most convenient country for them to work with when it came to international adoptions. Just three years later, the Smola's decided to adopt again from Russia, this time from the Magadon region. They brought Zach, now three years old, home in 2009 and have enjoyed all the wonderful benefits of parenthood and completing their family.

Steve and Debbie say their decision to adopt internationally was the most natural fit for them, and the benefits are rewarding. "With international

adoption, there is always an end process and we knew in the end we would have a child. With domestic adoptions, that's not always the case," said Debbie. Steve and Debbie also enjoyed the experience of visiting a new country, and it was there they realized just how rewarding international adoption can be.

In some parts of Russia, children only stay in orphanages until 14-years-old and then they are sent out on their own. "There's no telling where Alex and Zach would've ended up in Russia, and here they have every opportunity available to them," said Steve.

One of the other benefits of international adoption is the need. "The need is so tremendous that couples who are anxiously awaiting adoption can do so sometimes within six to twelve months," said Kathryn Young, Social Worker in the Adoption Department.

"I would say to anyone who's thinking of adoption, don't drag your feet," said Debbie. "Immerse yourself in the process . . . being a parent is one of the best things. We know these two boys were meant for us and we think it's a miracle we all found each other."

Families interested in learning more about international adoption can call Kathryn Young at 546-7220 ext. 4846.

References: The global orphan project model. (2009). Retrieved from <http://theglobalorphanproject.org/about/go-model/>



Steve and Debbie Smola with Zach (left) and Alex (right)



Senior Services Summary

Bringing the medical and social services communities together to enhance communication with our clients.



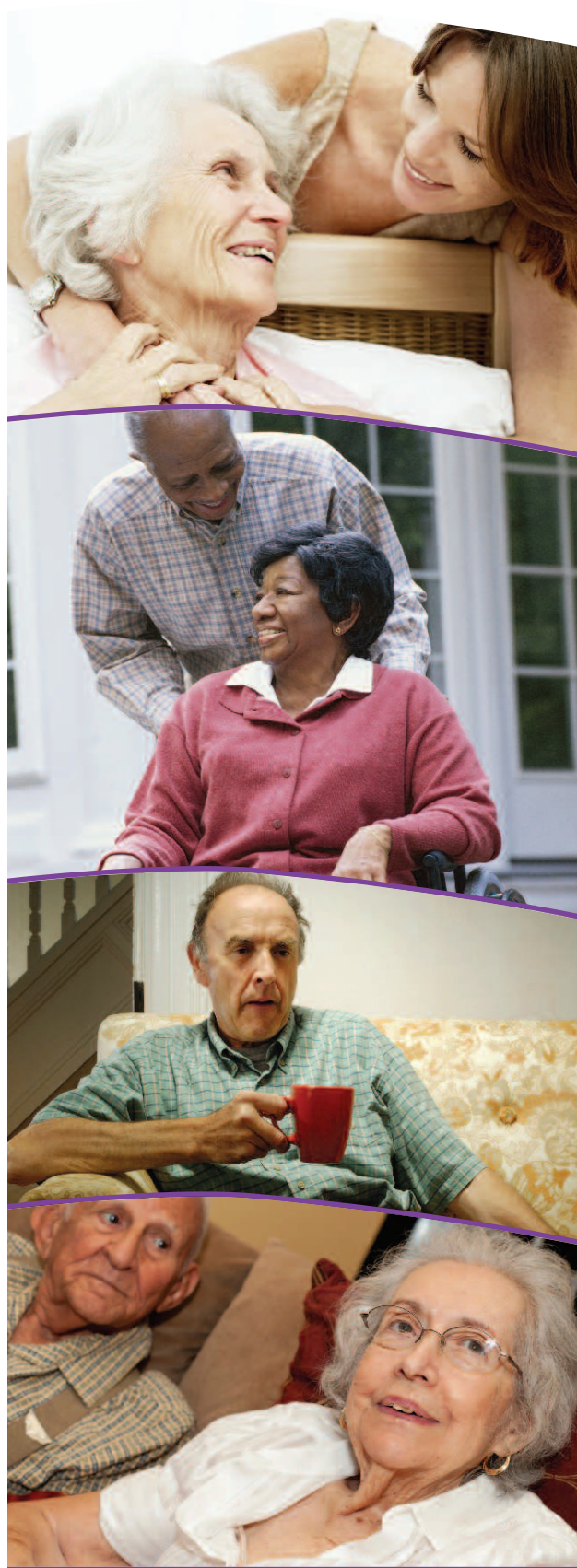
Through community-based services like our STAR (Support To Aging Residents), EISEP (Expanded In-Home Services for the Elderly) and ElderSource Programs, Catholic Family Center provides hands-on support to seniors. Our staff and volunteers are committed to helping older adults be healthy, active and safe at home for as long as they are able.

When one of our clients becomes ill, it would be helpful if the physicians treating them knew about the non-medical services that can support recuperation and ongoing independence. That's why CFC is participating in a new service from the Rochester Regional Health Information Organization (RHIO) that uses technology to help make our case managers part of the doctor's team.

The Rochester RHIO operates a secure health information exchange that gives authorized doctors online access to accurate, up-to-date clinical data on their patients. Along with x-rays and lab test results, doctors can now access the Senior Services Summary, a new feature of the exchange that shows whether senior patients have help available at home when they need it. The Summary provides a snapshot of a patient's level of independence and who is involved in their activities of daily living, which gives doctors a more complete picture of their patients – from their health status to the services they use, now including those at Catholic Family Center.

Authorized doctors can only access patient information if you choose to give consent. Consent can be provided by signing a paper form when you visit a doctor who uses Rochester RHIO, or by creating an account on the RHIO's Patient Portal and providing consent electronically. Learn more about the Patient Portal by visiting www.RochesterRHIO.org and clicking on the 'For Patients' section. Learn more about the Rochester RHIO at www.RochesterRHIO.org or by calling 877.865.RHIO (7446).

There are many Catholic Family Center programs and services to assist older adults with activities of daily living, which can include in-home assessments, grocery shopping, links to services and benefits, case management, coordination of transportation, banking and personal care. For more information about Catholic Family Center's Aging & Adult Services, please call 585-262-7050.





The Employee Assistance Program of Rochester

Did you know that American businesses lose an average of 2.8 million work days each year due to unplanned absences? These absences cost employers upwards of \$74 billion each year. Unplanned absences are a result of many factors – sickness, stress, anxiety, depression, addiction, work/life unbalance and more. However, recent studies have shown that when companies contract with an Employee Assistance Program (EAP), they see improved employee mental health and productivity, a 21% lower absenteeism rate, and a decrease in on-the-job accidents; ultimately positively impacting the company's bottom line.

The EAP of Rochester, a service through Catholic Family Center, is a free, confidential counseling and referral service provided to nearly 100 organizations, both locally and nationally. The EAP of Rochester has over 25 years of experience and employs five of the highest level clinicians who

are trained and experienced to help employees and their families resolve problems that affect their personal lives and/or job performance. It is their goal to ensure that employees receive the tools they need in order to live healthy, confident and productive lives – at home and at work. Along with counseling, the EAP of Rochester also provides 24-7 coverage, crisis counseling, training, support for managers and supervisors, as well as a comprehensive website that complements all of the services.

To find out if your company is contracted with EAP of Rochester, talk to your internal Human Resources Department. To learn more about contracting with EAP of Rochester, please call Kevin Einbinder at 546-7220 ext. 5504 or email keinbinder@cfcrochester.org, or contact Leanne Reed at 546-7220 ext. 5500.

Rising LEADERS

Meet the 2011 Rising Leaders Board Members



Back Row:

Connor Holly-Sage Ruddy
Pat Mattioli-Wegmans,
with his wife, Colleen
Jordynn Eddinger-Toshiba Business
Solutions
Laura Seymour-The Summit
Federal Credit Union
Sarah Townsend-EC Scott Group
Jordan Sutton-EFP Rotenberg
Justin Rand-DeJoy, Knauf & Blood

Front Row:

Emily Casey-Sage Ruddy
Julie Masi-The Summit Federal
Credit Union
Rachel Atwood-Catholic Family
Center staff

Rising Leaders is Catholic Family Center's Young Professionals group that aims to collaborate with community members to host fundraising events and volunteer activities. To learn more, please contact Sarah Townsend at stownd07@yahoo.com

Save the Date for - ROC the Day!

On December 8, our community will come together for 24-hours of unprecedented giving for ROC the Day.

Catholic Family Center is a participating charity for ROC the Day, which means that you can designate your donation to help us provide services to 42,000 of Rochester's most vulnerable residents.

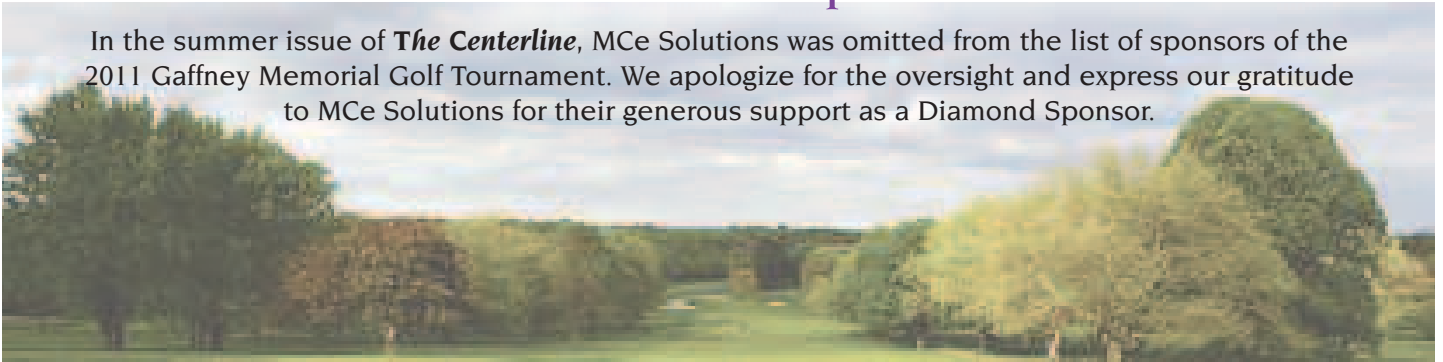
ROC the Day is a one-time online chance for you to help us impact our community. Any gift, no matter how small, will help us make a difference!



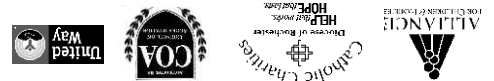
****Stay tuned for more details in the coming weeks, and don't forget to visit www.roctheday.org/Agency/CatholicFamilyCenter on December 8 for your chance to give!****

Corrections and Amplifications:

In the summer issue of **The Centerline**, MCE Solutions was omitted from the list of sponsors of the 2011 Gaffney Memorial Golf Tournament. We apologize for the oversight and express our gratitude to MCE Solutions for their generous support as a Diamond Sponsor.



Catholic Family Center is a regional office of Catholic Charities, Diocese of Rochester.



Centerline is a publication of Catholic Family Center's Marketing & Communications Department. Editor: Rachel Atwood 585.546-7220 Ext. 7022

Editor's Note:
Welcome to the Fall edition of Centerline! We hope you'll enjoy keeping up with the latest news from Catholic Family Center. Please visit us now on facebook.

CATHOLIC FAMILY CENTER
ADMINISTRATIVE OFFICES
87 N. Clinton Avenue • Rochester, NY 14604-1458
(585) 546-7220 • www.cfrochester.org

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