

Intensive Residential Treatment
 Freedom House, Liberty Manor vs. Community Residence -
 Hannick Hall Halfway House

| INTENSIVE RESIDENTIAL | COMMUNITY RESIDENCE |
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| <p>Composition:</p> <p>Residential rehabilitation services with a 24 Hour Structured Environment & 24 Hour Supervised Staffing.</p> <p>Treatment for individuals who require extensive rehabilitation and a sustained structured environment in order to achieve lasting recovery.</p> <p>Treatment for individuals with deficits in life skills who require sustained structured rehabilitation in order to develop and lead a recovery and independent lifestyle.</p> | <p>Composition:</p> <p>A Halfway House is a residence providing supervised services not requiring 24 Hour Staffing to support an individuals transition to abstinent living.</p> <p>These transitional residential services are for individuals who are completing or have completed a course of treatment yet remain unready for independent living.</p> |
| <p>Who Qualifies :</p> <p>Individuals with a chemical dependency diagnosis who have previous non-compliance and/or relapse patterns in outpatient service settings.</p> <p>Individuals with life skills deficits requiring sustained structured rehabilitation in order to initiate and/or maintain a recovery lifestyle.</p> | <p>Who Qualifies :</p> <p>Individuals appropriate for a Community Residence – Halfway House – are those who require the support of a stable, drug and alcohol free living environment while they are receiving outpatient Services</p> |
| <p>Admission criteria:</p> <p>Recent unsuccessful attempts at abstinence outside of a 24 Hour setting : or</p> <p>A history of prior treatment episodes, including a demonstrated inability to complete outpatient treatment : or</p> <p>substantial deficits in functional skills evidencing the need for extensive habilitation or rehabilitation in order to achieve lasting recovery in an independent setting.</p> | <p>Admission criteria:</p> <p>The individual meets a level of care determination for outpatient treatment services.</p> <p>The individual’s living environment is not conducive to outpatient participation. i.e.- the client is Homeless.</p> |

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Development of beliefs and attitudes which foster an economic and financial Self Sufficiency lifestyle.

Full Transportation Service to & from scheduled appointments providing supervision at appointments when necessary.

Active, daily involvement with the Rochester Area self-help communities to encourage and develop ongoing ties intended for life-long recovery.

Didactic and practical engagement in sober leisure activities.

Weekly / Monthly sober leisure events scheduled for all Freedom House residents to participate in as a united community.

YMCA membership and twice weekly Physical Education program at YMCA facilities.

Development of accepted interpersonal interaction skills.

Criminal behavior re-education.

Development of accepted social interaction skills.

Individual, comprehensive and practical relapse prevention planning developed with every patient for life-long use.

Development of skills necessary for recovery.

Full Time program nutritionist on Staff coupled with nutritional education and development of a dietary regime conducive to long-term recovery.

Life Skills training and coaching including personal care and personal hygiene practices.

Active and vibrant Alumni group for added sober support stability after graduation.

