Catholic Family Center at a Glance

Catholic Family Center (CFC) is Greater Rochester’s largest provider of comprehensive family services. Each year we assist tens of thousands of our neighbors, relatives and friends as they work to remain or become healthy, productive, participating members of our community. We serve all people—regardless of religion, race, ethnicity, age, ability or gender. Our programs work together to address the many issues of human need across all stages of life.

Facts About Catholic Family Center

• Catholic Family Center is a regional office of Catholic Charities of the Diocese of Rochester. Our work is rooted in the values of Catholic Social Teaching.
• Catholic Family Center offers a broad array of services with a special and coordinated focus in the areas of Families, Behavioral Health and Housing.
• In 2015, we touched the lives of more than 32,000 people. 80% of our clients for whom income is known come from households with annual incomes of less than $15,000. 94% of our clients come from households with incomes of less than $25,000.

Facts About Poverty (Defined by the Federal Government for family of four: annual income $24,250)

• The City of Rochester has the highest rate of child poverty (50.1%), the highest rate of extreme poverty and second highest poverty rate in the Nation.
• The fastest growing segment of the population facing poverty is in the suburbs. In the Monroe County suburbs, more than 41,000 people live in poverty.
• In the City of Rochester more than half of our children live in poverty.

The Difference Catholic Family Center Makes:

• Preventive Services provided home based preventive counseling to 210 families, touching the lives of 557 children, to help strengthen families and prevent out of home placement of children. In 2015, out of home placement was prevented in 99% of the families receiving our services.
• Comparison of the Average Annual Costs Per Child of Preventive Services vs. Foster Care:
  • Average cost per child of CFC’s Preventive Services: $1,563
  • Average cost per child of foster care through Monroe County: $22,639

CFC saves taxpayers’ dollars by providing services that keep elders independent in their own homes. It is over 12 times more expensive to provide services in an institution than it is to maintain an elder at home!

How Can You Help? There are numerous acts of kindness that can change lives for the better.

• Help resettle refugees to our community.
• Advocate for laws that strengthen families.
• Offer your time to volunteer in programs that help families move toward stability and independence. Call Claudia Gill at 585-262-7044 for information about volunteer opportunities at CFC.
• Donate whatever amount of money you can afford to agencies like Catholic Family Center who need your support!
CALLING GUIDE

Providing comprehensive and coordinated services all serving one mission: to help people - especially the vulnerable and those facing poverty - achieve their full human potential

Advocacy and Parish Social Ministry ......................... 546-7220 x7021

Adoption — Home study, post placement, domestic infant, international adoption, older special needs adoption, birth parent counseling. Adoptions services are Hague Accredited ......................... 546-7220 x801

Adult Protective/Guardianship Services — Provides case management and guardian services for vulnerable individuals appointed by the County or court system ........................................... 232-1840

Corporate Compliance — To collaboratively assist CFC programs in achieving their financial, operational and strategic goals while maintaining compliance with all associated laws, rules and/or regulations. Direct: 546-7220 x7152 Confidential Hotline: 234-0408

Eldersource — Shared services between CFC & Lifespan—guidance, information, care management & help navigating long-term care services & other elder-care issues: ........................................................... NY Connects: 325-2800

Emergency Services — Food, financial, clothing, housing support, assistance with health insurance enrollment, tax forms, HEAP (Home Energy Assistance Program), etc. ................................. 546-7220, x8801

Employment Services — For Refugee clients. Employment Preparation, Job Counseling, Job Placement and Post-Placement Follow-up. 546-7220 x601

Financial Management — Representative payee and bill paying services .......................................................... 232-1840

Foster Care Parents Needed for the Unaccompanied Refugee Minor Foster Care Program — Specialized training and support for people interested in becoming foster parents .......................................................... 546-7220 x801

Healthy Sisters’ Soup & Bean Works — A work experience program for women in recovery designed to help women move from dependence to independence with dignity ............................. 546-2784

Housing Services — Safe emergency shelter for men, women and families; access to health care & social services; transitional housing with supportive services to help clients move to safe permanent housing: 546-7220, x601

Francis Center (for men), Place of Hope (serving both single women & families), Sanctuary House (single women & children)

In-Home Services for Older Adults — Subsidized housekeeping and/or personal care (case-managers provide on-going guidance to clients & their family) ................................. 262-7060

Immigration Services — Provides help to refugees & Cuban/Haitian entrants in need of intervention before the U.S Citizenship & Immigration Service, also to legal permanent residents seeking citizenship. Services offer assistance completing applications, consultation, filing petitions and immigration attorney consultation .......................................................... 546-7220 x8854

Interpreters Services — Over 30 different languages. Interpreting provided internally for CFC clients. Services also available to community providers working with non-English speaking clients at reasonable rates .......................................................... 546-7220 x7139

Kinship Navigator — Provides information & assistance for relatives who are raising family members’ child(ren) (no age or income restrictions) ................................. 877-454-6463

Mental Health Clinic — Therapy and medication services for children and/or adults dealing with serious mental health conditions, including depression, trauma, anxiety, bipolar disorder, etc. 546-7220 x5603

Walk-in Hours (87 North Clinton Avenue, Rochester, NY): Tuesday, Wednesday and Thursday 9:00am – 11:00am

Parish Social Ministry Coordinator ......................... 546-7220 X7099

Pregnancy — Counseling, advocacy, referral for parents, pregnant women & teens .......................................................... 546-7220 x4801

Refugee Resettlement Services — Resettles 750 Refugees in the Rochester area each year from all over the world. Volunteers needed to help refugees achieve independence in peace and freedom .......................................................... 546-7220 x601

Residential Substance Abuse Services — Intensive residential drug treatment programs—Freedom House (for men); Hannick Hall (for women with preschool age children, Wayne Co. and surrounding area) & Liberty Manor (for women with children) Community Residences: Jones Ave. & Alexander St. (for men) and Barrington (for women)

Residential information and referrals for men .......................................................... 546-7220 x5030

Residential information and referrals for women .......................................................... 546-7220 x5053

STAR (Support to Aging Residents) Program — Transportation for elders for medical appointments, grocery shopping, essential errands. Provide occasional in-home visits, some yard work, chores and telephone reassurance .......................................................... 262-7050 or 546-7220 x7050 (Spanish)

Substance Abuse Prevention Services — Prevention counseling services for elementary, junior and senior high school students in selected schools .......................................................... 546-7220 x5223

Substance Abuse Services — Outpatient Clinic and Day Rehabilitation .......................................................... 546-3046

Volunteer Services — There is perhaps no greater gift than the gift of time. Volunteerism provides the heart and soul of the services Catholic Family Center (CFC) offers— the human touch that means the world to the people we serve. Explore the many volunteer opportunities available to you at CFC by calling 262-7044