

Current Volunteer Opportunities

| OPPORTUNITY | DEPARTMENT | TIME / LOCATION | DESCRIPTION OF DUTIES |
|--|-----------------------|--|--|
| <p>Nurses, RNs & LPNs</p> <p>URGENT</p> | Recovery Residences | <p>Multiple sites in Rochester</p> <p>Time varies</p> <p>Contact us for details</p> | <p>LPN's or higher credentialed health professionals that can be trained/oriented to be able to support our residential sites for medication distribution. Volunteers will receive the following before serving:</p> <ul style="list-style-type: none"> • 2-Day Med Training • Residential Orientation • HIPAA/Confidentiality • Code of Conduct • Justice Center • Finger-printing <p>Contact spartner@cfcrochester.org</p> |
| <p>Childcare</p> <p>URGENT</p> | Mental Health Clinic | <p>87 N Clinton</p> <p>Mon 1 to 4 pm Tues, Wed, Thurs 9-12 PM</p> <p>Pick the day that works for you</p> | <p>Multiple volunteers needed to provide childcare for small children, up to three at a time in our clinic playroom. Your service enables their caregivers to keep appointments and reduces distractions during therapy sessions. Most kids are preschool or younger but can go up to age 11 during school breaks. Parents/caregivers are just steps away so no feeding, diaper or mess cleanup 😊 18 years and older, minimum 6 month commitment, parking expense reimbursed.</p> <p>CONTACT kmurrell@cfcrochester.org</p> |
| <p>Computer lab, Workforce Development</p> | Workforce Development | <p>87 N Clinton Ave , 2nd floor computer lab Tuesday and Wednesday, between 9 and 5 pm</p> | <p>Help legal immigrants learn basic computer skills and how to utilize the internet for job searches. Assist with resume preparation & online applications. Minimum six month commitment</p> <p>CONTACT ecoleman@cfcrochester.org</p> |
| <p>Cook a meal in the shelter with three or four friends</p> | Emergency Housing | <p>Zip codes 14611 or 14613</p> <p>Weekend evening from 4:30 to 7 PM</p> | <p>We provide the food. You design the menu, prepare, serve and clean up the evening meal with a group of friends.</p> <p>One time Commitment. Minimum age 14 with adult.</p> <p>CONTACT malee@cfcrochester.org or callen-wilson@cfcrochester.org</p> |
| <p>Coordinator for Caring & Sharing Women's Group</p> | Refugee Services | <p>Flexible</p> <p>Can be done from home</p> | <p>Coordinate transportation and activities for this group of refugee women.</p> <p>Minimum age 18, six month commitment required</p> <p>CONTACT oomar@cfcrochester.org</p> |

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| Digital marketing and audience communications and engagement (| Marketing & Communications | weekday hours/flexible 87 N Clinton Ave | Help CFC spread the word and increase support in our community! Support internal and external communication and donor engagement initiatives. Coordinate and foster proactive media relations. Support special events, especially the agency's major fundraising activities. Support Internal and External Brand. Experienced only please. CONTACT kgrant@cfcrochester.org |
| Event Support | Fund Development | Location, dates and times vary | We need 15-25 volunteers year round to help with fund raising events. There is plenty to do before, during and after every event. Make phone calls, interact with vendors, serve on a committee, transport materials, set up & clean up or provide administrative support and data tracking. Minimum age 18. CONTACT mhicks@cfcrochester.org |
| Facilitate life skills workshops | Son House / Emergency Housing | Weekdays 539 Joseph Ave and other sites TBD | Help clients learn basics of managing money, keeping a house, looking for work, arts & crafts. Create and deliver a six- eight week, once a week series with the guidance of a case manager. Two person teams welcome. Minimum age 18, six to eight week commitment required CONTACT mhills@cfcrochester.org |
| Family Support/Self Sufficiency Volunteer Teams | Refugee Services | Will work around your schedule | These positions work well for groups of volunteers. Help families with everyday tasks, learning how to get around, English skills, understanding mail, budgeting, shopping, etc. Minimum six month commitment CONTACT nqureshi@cfcrochester.org |
| Household chores | Support to Aging Residents (STAR) | Flexible hrs , client homes, Monroe Co | Help seniors stay independent by helping with simple home chores. Minimum age 18, three month commitment required CONTACT evelezupeguil@cfcrochester.org |
| Parenting group facilitators | Women's Shelters | Tuesday evenings 7-8 PM for four week sessions, once per quarter | Work in teams of two or three to provide parenting groups for women in homeless shelters. Curriculum and training provided. Minimum age 18, six month commitment required CONTACT mjalbert@rochester.rr.com |
| Tutors/Teachers in English | Refugee Services | Time and site TBD | Help legal immigrants learn basic English. Minimum age 18, six month commitment required CONTACT nqureshi@cfcrochester.org |
| Yard Work | Adult & Aging | Flexible | Help senior citizens remain independent by helping with seasonal yard work. Minimum age 14. One time commitment ok CONTACT evelezupeguil@cfcrochester.org |

Groups seeking one time service opportunities please contact cgill@cfcrochester.org