

## Current Volunteer Opportunities

OPPORTUNITY	DEPARTMENT	TIME / LOCATION	DESCRIPTION OF DUTIES
Childcare  <b>URGENT</b>	Mental Health Clinic	87 N Clinton  Mon 1 to 4 pm Tues, Wed, Thurs 9-12 PM  Pick the day that works for you	Multiple volunteers needed to provide childcare for small children, up to three at a time in our clinic playroom. Your service enables their caregivers to keep appointments and reduces distractions during therapy sessions. Most kids are preschool or younger but can go up to age 11 during school breaks. Parents/caregivers are just steps away so no feeding, diaper or mess cleanup 😊 <b>18 years and older, minimum 6 month commitment, parking expense reimbursed.</b> <b>CONTACT <a href="mailto:kmurrell@cfcrochester.org">kmurrell@cfcrochester.org</a></b>
Computer lab, Workforce Development	Workforce Development	87 N Clinton Ave , 2 <sup>nd</sup> floor computer lab Tuesday and Wednesday, between 9 and 5 pm	Help legal immigrants learn basic computer skills and how to utilize the internet for job searches. Assist with resume preparation & online applications. <b>Minimum six month commitment</b> <b>CONTACT <a href="mailto:sjones@cfcrochester.org">sjones@cfcrochester.org</a></b>
Cook a meal in the shelter with three or four friends	Emergency Housing	Zip codes 14611 or 14613 Weekend evening from 4:30 to 7 PM	We provide the food. You design the menu, prepare, serve and clean up the evening meal with a group of friends. One time Commitment. <b>Minimum age 14 with adult.</b> <b>CONTACT <a href="mailto:malee@cfcrochester.org">malee@cfcrochester.org</a> or <a href="mailto:callen-wilson@cfcrochester.org">callen-wilson@cfcrochester.org</a></b>
Coordinator for Caring & Sharing Women's Group	Refugee Services	Flexible Can be done from home	Coordinate transportation and activities for this group of refugee women. <b>Minimum age 18, six month commitment required</b> <b>CONTACT <a href="mailto:oomar@cfcrochester.org">oomar@cfcrochester.org</a></b>
Digital marketing and audience communications and engagement (	Marketing & Communications	weekday hours/flexible 87 N Clinton Ave	Help CFC spread the word and increase support in our community! Support internal and external communication and donor engagement initiatives. Coordinate and foster proactive media relations. Support special events, especially the agency's major fundraising activities. Support Internal and External Brand. Experienced only please. <b>CONTACT <a href="mailto:kgrant@cfcrochester.org">kgrant@cfcrochester.org</a></b>
Event Support	Fund Development	Location, dates and times vary	We need 15-25 volunteers year round to help with fund raising events. There is plenty to do before, during and after every event. Make phone calls, interact with vendors, serve on a committee, transport materials, set up & clean up or provide administrative support and data tracking. <b>Minimum age 18.</b> <b>CONTACT <a href="mailto:psiviy@cfcrochester.org">psiviy@cfcrochester.org</a></b>

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Facilitate life skills workshops	Son House / Emergency Housing	Weekdays 539 Joseph Ave and other sites TBD	Help clients learn basics of managing money, keeping a house, looking for work, arts & crafts. Create and deliver a six- eight week, once a week series with the guidance of a case manager. Two person teams welcome. <b>Minimum age 18, six to eight week commitment required</b> <b>CONTACT</b> <a href="mailto:mhills@cfrochester.org">mhills@cfrochester.org</a>
Family Support/Self Sufficiency Volunteer Teams	Refugee Services	Will work around your schedule	These positions work well for groups of volunteers. Help families with everyday tasks, learning how to get around, English skills, understanding mail, budgeting, shopping, etc. <b>Minimum six month commitment</b> <b>CONTACT</b> <a href="mailto:hyousef@cfrochester.org">hyousef@cfrochester.org</a>
Household chores	Support to Aging Residents (STAR)	Flexible hrs , client homes, Monroe Co	Help seniors stay independent by helping with simple home chores. <b>Minimum age 18, three month commitment required</b> <b>CONTACT</b> <a href="mailto:evelezupeguil@cfrochester.org">evelezupeguil@cfrochester.org</a>
Parenting group facilitators	Women's Shelters	Tuesday evenings 7-8 PM for four week sessions, once per quarter	Work in teams of two or three to provide parenting groups for women in homeless shelters. Curriculum and training provided. <b>Minimum age 18, six month commitment required</b> <b>CONTACT</b> <a href="mailto:mjalbert@rochester.rr.com">mjalbert@rochester.rr.com</a>
Secretarial  STARTS Mid August	Administration	Flexible hours, between 9 & 4PM Weekdays 79 N Clinton Ave & 55 Troup St	Format policy documents using standard templates, update inventory of policy documents, keep policy binder up to date. Basic knowledge of MS Word and Excel. Familiar with Outlook mail, simple filing and note taking. <b>Minimum age 18.</b> <b>CONTACT</b> <a href="mailto:lfinkel@cfrochester.org">lfinkel@cfrochester.org</a>
Tutors/Teachers in English	Refugee Services	Time and site TBD	Help legal immigrants learn basic English. <b>Minimum age 18, six month commitment required</b> <b>CONTACT</b> <a href="mailto:hyousef@cfrochester.org">hyousef@cfrochester.org</a>
Yard Work	Adult & Aging	Flexible	Help senior citizens remain independent by helping with seasonal yard work. <b>Minimum age 14. One time commitment ok</b> <b>CONTACT</b> <a href="mailto:evelezupeguil@cfrochester.org">evelezupeguil@cfrochester.org</a>

**Groups seeking one time service opportunities please contact [cgill@cfrochester.org](mailto:cgill@cfrochester.org)**